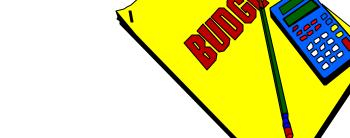
Indiana Department of Financial Institutions

MONEY MATTERS



Instructor Guide



Building: Knowledge, Security, and Confidence

FINANCIAL EDUCATION CURRICULUM

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INSTRUCTOR INFORMATION

Before the Session

To properly present the Money Matters course, you should:

- Review all materials in the Instructor Guide and the Participant Take-Home Guide.
- Make copies of Participant Take-Home Guides.
- Copy slides (overheads) into transparencies or use PowerPoint Slide Presentation.
- When appropriate, prepare chart paper examples.
- Identify potential trouble spots in the exercises, as well as hints for assisting participants.
- Select and prepare anecdotes from real-world experiences that can be used to illustrate special scenarios, generate discussion, and maintain participant interest.
- Prepare extra copies of the Income and Expenses Worksheet, the Monthly Payment Schedule, and the Monthly Payment Calendar from the Participant Take-Home Guide. Some participants might want to take extra copies home.

Materials and Equipment

- Transparency projector or Computer projection for PowerPoint Slide Presentations
- Money Matters transparencies or PowerPoint Slide Presentation
- Chart paper and easel
- Markers for chart paper and transparencies
- Name tents
- Pencils or pens for each participant
- Income and Expenses Worksheet, Monthly Payment Schedule, and Monthly Payment Calendar handouts.
- Participant Take-Home Guides

Instructor Steps

Step-by-step directions are provided for the instructor. The text below is an example of an instructor step:

Instructor Cue	Instructions
You Will Know	▶ Show Slide 2 (You Will Know).
The concept of hydroting	▶ Review course objectives.
The concept of budgetingThe benefits of budgeting	
How to use a budgeting tool.	
Slide 2	2

Generally, these steps enable the instructor to ask questions, provide explanations, show slides, hand out materials and introduce exercises.

Icons

Icons alert the instructor to discussion questions, exercises, transitions, and summaries. They appear in the left margin:

?	Ask questions or conduct a discu	ission.
	Distribute a hand out.	Explain
	Report out exercise information	or record the results of a brainstorm.
	Refer to activity material.	(L) Allow Time
***	Indicate the beginning of an indi	
	Read	Point
\checkmark	Summarize an activity or check	for understanding.
£)	Summarize the course.	Web Sites for additional information.
→	Transition to the next topic.	

MONEY MATTERS

Objectives

By the end of this course, participants will be able to prepare a personal budget. To achieve this objective, participants will be able to:

- Describe the concept of budgeting
- Recognize the benefits of budgeting
- Use a budgeting tool

Time

90 Minutes

Course Introduction

Instructor Cue	Instructions
	 Before the start of the class, hand out the following materials to each participant: Participant Take-Home Guide Name tent Pencil or pen
	► Show Slide 1 (Money Matters).
Overheads Financial Education Slide 1	"Welcome to Money Matters!" Introduce yourself (e.g., name, experience as an instructor or banker).
7	 Ask: "How many of you have a budget? Have participants respond by a show of hands. Ask: "Has it worked for you?"

Instructor Cue	Instructions
	► Show Slide 2 (You Will Know).
You Will Know The concept of budgeting	Explain: "By the end of the course, you will be able to prepare a personal budget. You will know:
The benefits of budgetingHow to use a budgeting tool	The concept of budgeting
	The benefits of budgeting
Slide 2	How to use a budgeting tool."
	Show the Participant Take-Home Guide to the class.
	Explain: "Each of you has a copy of the Money Matters Take-Home Guide which contains highlights of the course. We will be using this throughout the course. Take it home and use it as a reference."

What Do You Know

Instructor Cue	Instructions
	Explain: "Take out the last page of your Take-Home Guide, the What Do You Know form."
	Explain: "The What Do You Know form lets you measure how much you have learned from the course."
	 Read the instructions and walk the participants through each statement. Explain: "Complete the Before-the-Course column only. You will complete the other column at the end of the course."
	 Provide enough time for participants to complete the What Do You Know form. (2-3 minutes) Have participants put these forms aside until the end of the course when they will complete the After-the-Course column.
	► Transition: "Now let's get started with budgeting!"

Why Budget?

Instructor Cue	Instructions
Budget	► Show Slide 3 (Budget).
A step-by-step plan for meeting expenses to a given period of time.	 Explain: "A good place to start taking control of your financial situation is to develop a savings and spending plan. This is called a budget."
Slide 3	
Benefits of Budgeting	► Show Slide 4 (Benefits of Budgeting).
Reduces money -related anxiety Give you control of your financial situation	Explain: "Taking control of your financial situation helps you:
Helps you build assets and improve your quality of life 4 Slide 4	 Reduce the anxiety of not knowing whether you have enough money to pay your bills when they are due, and
	 Gives you a sense of control over money, rather than letting money have control over you.
	Budgeting will also help you build assets. Building assets improves the quality of life for you and your family."
	Explain: "Budgeting is about choices¾choosing how to use your money.
	Knowing what your income and expenses are every month will help you take control of your financial situation."

Instructor Cue	Instructions
7	 Ask: "Do you know where your money goes each month?" Acknowledge participants' responses
•	Acknowledge participants responses
	Explain: "It is common for people to spend all the money they make and not have anything left over to save for their goals. Many people say they don't have anything to show for their hard work at the end of the month."
7	Ask: "How often have you taken \$20 out of the ATM and, at the end of the day, not know where it all went?"
•	Acknowledge participants' responses.
	Explain: "If you want to be in control of your money, it is critical you understand where your money goes. One way to do this is to keep a daily spending diary to record everything you spend.
	You can use this information to track your spending over a period of time."
Daily Spending Diary	▶ Show Slide 5 (Daily Spending Diary).
	 Explain: "A good place to start taking control of your financial situation is to develop a savings and spending plan. This is called a budget."
Slide 5	

Instructor Cue	Instructions
-	Transition: "Now let's take the next step toward preparing a budget."

Income and Expenses

Instructor Cue	Instructions
	 Stage: "Turn to the Income and Expenses Worksheet on page 6 of your Take-Home Guide. Explain: "This worksheet will help you get a picture of your income and expenses each month."
	► Explain: "Here are some income sources you would want to include:
	 Wages Public assistance –this might include Temporary Assistance to Needy Families, TANF, or food stamps." Instructor Note: The TANF program might have different names in different states. Child support Alimony Interest Dividends, and Social Security."
Example Income & Expenses Worksheet	Show Slide 6 (Example Income & Expenses Worksheet).
Income Expenses	Explain: "We are going to complete the Income & Expenses Worksheet together.
	Please follow along with me as I show you how to complete the worksheet.
Slide 6	You can either fill in the information from our example or fill in your own information as we go along."

Instructor Cue	Instructions
	Explain: "First, we will list monthly income sources and income amounts in the left column."
	Instructor Note: As you explain the worksheet, point out the section on the slide.
	Explain: "For this example, our monthly net wages or take-home pay is \$1,000. We pay for health care insurance through work. It is deducted from our gross wages."
	On the slide, point out the \$1,000 in the "Wages" section.
7	 Ask: "What do you think is the difference between gross and net income?" Acknowledge participants' responses.
	► Explain: "Gross income is your total income without deductions. Net income is gross income less Social Security and other taxes. This is the amount you actually take home."
7	 Ask: "Who knows why so much money is taken out of your paycheck for Social Security?" Acknowledge participants' responses.

Instructions
 Show Slide 7 (Social Security Benefits). Explain: "Social Security is a potentially
valuable insurance plan. On some pay stubs, this is called FICA, which stands for Federal Insurance Contributions Act."
7
► Explain: "Social Security benefits include:
 Retirement coverage¾benefits paid every month to eligible retired workers, as early as age 62
 Disability coverage¾benefits paid every month to eligible workers of all ages who have a severe disability
 Family coverage³/₄benefits paid every month to the spouses and children of eligible retired and disabled workers
 Survivors coverage¾benefits paid every month to the eligible widow or widower and children of a deceased worker
 Medical benefits³/₄help with hospital bills, as well as limited coverage of skilled nursing facility stays, hospice care, and other medical services at age 65, or younger if you become disabled."

Instructor Cue	Instructions
	"If you are 25 or older and are not already receiving Social Security benefits, you will receive a Social Security statement just before your birthday every year. You can also call the phone number listed on page 14 of your Take-Home Guide to request a copy of y our statement.
	The statement is a record of earnings you have paid to Social Security taxes during your working years."
	► Explain: "The statement provides estimates of the monthly Social Security retirement, disability, and survivors benefits you and your family could be eligible to receive."
Income & Expenses Worksheet	Show Slide 6 (Income & Expenses Worksheet).
Income Expenses	Explain: "Let's go back to our example. We are receiving \$300 in child support payments each month."
Slide 6	On the slide, point out the \$300 in the "Child support/Alimony" section.
	Explain: "As you can see, there are spaces on your worksheet for other income sources that might fit your personal situation.
	You should be sure to consider whether income sources are continuous or whether they might stop in the near future. An example would be unemployment benefits.
	You also might make adjustments for income you receive on a yearly or quarterly basis.

Instructor Cue	Instructions
	 Explain: "Let's total the income column." Point out \$1,300 in the space next to "Total Income" on the worksheet slide. Explain: "This number represents the total mount of income you receive in a month."
	Explain: "Next we will list monthly expenses in the right column. We will start by listing fixed expenses. Fixed expenses are items you have little or no control over. You will pay a fixed amount for these expenses each month."
	 Read the list of fixed expenses. Rent / Mortgage Property taxes / insurance Trash collection
	 Explain: "For this example, we pay \$500 each month for rent." Instructor Note: For this example, we are assuming the rent includes utilities. On the slide, point out \$500 ion the "Rent / Mortgage" section.
	► Explain: "The next expenses on the work- sheet are expenses you have some control over before the initial agreement. They become fixed expenses after you have signed a contract. You should shop for the best value before committing to the payments."

Instructor Cue	Instructions
	 Read the list of expenses. Car payment Car insurance Other loan payments Health insurance Day care or Elder care
	 Explain: "We have a monthly payment of \$50 for two credit card bills with \$25 minimum payments each." On the slide, point to the \$50 in the "Loan pmt. section.
	 Explain: "The next expenses on the worksheet are flexible because you can exercise some control over their amount. As I read through the list, think about your needs versus your wants and how you might control the cost of these expenses."
	 ▶ Read the list of flexible expenses. ● Gas or Oil ● Electricity (conserve energy) ● Telephone ● Food (shop for grocery store sale items) ● Transportation or Gas ● Car maintenance ● Education ● Personal expenses ● Savings ● Other

Instructor Cue	Instructions
7	 Ask: "What are some ways you could control the costs of these expenses?" Acknowledge participants' responses.
Income & Expenses Worksheet	Point to each section on the slide as you read through the examples.
Income Expenses	 Explain: "For our example, we pay about \$25 for our telephone bill.
6	After keeping a spending diary for a month, we found that we spend about \$250 a month for food.
Slide 6	We spend about \$50 a month for transportation costs including bus and train fares.
	After keeping a spending diary for a month, we found that we spent \$50 last month for personal expenses.
	We add \$25 a month to put in our savings account. Remember how important it is to 'pay yourself first.'"
	► Explain: "As you can see, we did not fill out each space on the worksheet. For this example, we are using estimates so you can get comfortable using the worksheet. When you use this worksheet at home, you should try to include all your expenses.
	Remember, you might need to plan for expenses you have to pay quarterly or annually."

Instructor Cue	Instructions
	 Explain: "Let's total the expenses column. \$1,200 represents your total expenses each month.
	Compare the income total and the expense total.
	Total income equals \$1,300. Total expenses equal \$1,200. "
	Offer extra copies of the worksheet for participants to use at home.
	► Guide a brief discussion. Ask for volunteers to share thoughts about the worksheet. What difficulty, if any, did they have? How might they modify the worksheet to make it more useful for their personal situation?
7	Ask: "For our example, we had more income than expenses, what should you do if your expenses are more or less than your income?"
[* * *]	Write participants' responses on chart paper.
	Guide a discussion about ways to increase income or decrease expenses.
	Explain: "Turn to Tips to Decrease Spending on page 7 of your Take-Home Guide."

Instructor Cue	Instructions
	 Read through the tips that participants have not yet mentioned. Carry only small amounts of cash in your
	wallet so you won't spend it.
	 Use direct deposit. You will be less likely to spend money if it goes straight into your account.
	Control your use of credit cards.
	Don't go shopping just for fun.
	 Take your written savings goals with your as a reminder.
	 Buy only what you need¾don't buy things just because they are on sale.
	 Use coupons to save money.
	 Use a grocery-shopping list to prevent impulse buying.
	 Take your lunch to work instead of eating out.
	 Shop around to get the best deal for big- ticket items like cars and appliances.
	 Pay your bills on time to avoid late fees, extra finance charges, utilities being turned off, eviction, repossessions, and the costs of a bad credit rating.
	Explain: "Decreasing spending increases the amount of money you have left each month. This is also referred to as increasing your cash flow.
	Besides decreasing your spending and obvious ways to increase your income, like getting a second job, there are some options for increasing your income you might not have considered."

Instructor Cue	Instructions
7	Ask: "Can you qualify for an Earned Income Tax Credit or EITC? Turn to Increase Your Income on page 8 of your Take-Home Guide."
	► Explain "The EITC is a refundable federal income tax credit for people who work but do not earn high incomes. If you qualify, it reduces the amount of tax you owe and it may give you a refund. You may even be eligible for and advance EITC which allows you to receive part of the credit in each paycheck during the year.
	The IRS adjusts income eligibility each year. Receipt of an EITC does not affect eligibility for TANF, Medicaid, supplemental security income, or SSI, food stamps, or housing assistance.
	If you do qualify for a tax refund, be careful of refund anticipation loans. These types of loans are very expensive. If you do not get the refund you expected, you will still be responsible for paying off the entire amount of the loan."
	► Explain: "See the Increasing Your Income section of the Take-Home Guide on page 8 and 9, for additional information about EITC and other tax credit programs."
	Transition: "Now that you know what your income and expenses are, let's talk about some tools to help your keep track of them."

Budgeting Tools

Instructor Cue	Instructions
	 Explain: "To successfully use any budgeting tool, you must keep accurate records. The budgeting tools we are going to discuss will help you keep spending and savings records." Besides decreasing your spending and obvious ways to increase your income, like getting a second job, there are some options for increasing your income you might not have considered."
Record Keeping Tips Keep information in a safe place Keep your files organized Keep records for at least 3 years Send your bill payments before they are due 8 Slide 8	 Show Slide 8 (Record Keeping Tips). Explain: "Turn to Record Keeping Tips on page 10 of your Take-Home Guide. Here are a few tips: Keep records in a safe place in your home or in a safe deposit box. Organize your files so it is easier for you to find information about your earnings and spending and to update important financial information. Keep your tax records for at least three years. Send in your bill payments a few days before they are due to avoid late fees."

Instructor Cue	Instructions
	▶ Show Slide 9 (Monthly Payment Schedule).
Monthly Payment Schedule	Explain: "Turn to Budgeting Tools on page 11 of your Take-Home Guide. This worksheet will help you keep a record of your income and bill payments."
Slide 9	Instructor Note: You should prepare several extra copies of the blank worksheet for participants.
	▶ Explain: "We are going to complete the Monthly Payment Schedule worksheet together. You can follow along using the blank worksheet in your guide. I have more blank worksheets if you want to take them home after class."
	► Ask: "How do you think you should record your food expenses on the worksheet?"
	Explain: "You might want to estimate food and other flexible monthly costs at the end of each month. You can use the spending diary we discussed earlier to help you estimate these costs."
	 Point out the following examples in the appropriate columns of the worksheet slide. Food, \$250 (April 20) Transportation costs (bus and train fares). \$50 (April 23) Personal expenses, \$50 (April 27) Child care, \$250 (April 28) Savings, \$25 (April 30)

Instructor Cue	Instructions
	▶ Demonstrate how to use the "Date Paid Column: by writing in dates for the first few bills. For example, you can write "April 1" for the rent, "April 10" for the telephone bill.
Monthly Payment Calendar	 Show Slide 10 (Monthly Payment Calendar). Explain: "Turn to the Monthly Payment Calendar on page 12 of your Take-Home Guide. The worksheet is another way to help you keep a record of your bill payments and due dates. Instructor Note: You should prepare several extra copies of the blank worksheet for participants.
Slide 10	We are going to complete the Monthly Payment Calendar worksheet together. Follow along using the blank worksheet in your Take-Home Guide. I can provide additional blank worksheets to you after class, but you can use any calendar you have at home."
	Explain: "We will transfer the same income and expenses onto the Monthly Payment Calendar worksheet."
	 Show how to complete the worksheet by pointing out the income and expense amounts on the appropriate dates of the calendar. Tell participants they can use different colors for income and expenses. Demonstrate how you can check off each bill as it is paid.

Instructor Cue	Instructions
7	 Ask: "Do you have any questions about either of these budgeting tools?" Answer any questions
	Explain: "Now you have a chance to practice using one of the budgeting tools we have just demonstrated.
II	Select the budgeting tool you feel most comfortable with. Transfer the information from your personal <i>Income and Expenses</i> Worksheet to the budgeting tool you have selected."
	Circulate around the room to provide assistance and answer questions as necessary.
	Allow time for participants to complete the worksheet. (5-8 minutes)
	Guide a brief discussion. Ask for volunteers to share thoughts about the worksheet. What difficulty, if any, did they have? How might they modify the worksheet to make it more useful for their personal situation?
	► Explain: "See the Other Budgeting Tools section on page 13 of your Take-Home Guide for additional information about budgeting. There are a variety of budgeting tools you can use. You should select the one you are most comfortable with."
-	Transition: "You have now practiced using a budgeting tool. There are just a few other things I want to discuss about budgeting."

Budgeting Considerations

Instructor Cue	Instructions
	Explain: "If your budget shows you have more expenses than income, there are ways to get out of trouble. Remember, everyone has different priorities. You will have to make the decision that is right for you."
?	 Ask: "What payments do you think you should make first if you don't have enough money to pay all of your bills?" Acknowledge participants' responses.
	► Explain: "Generally speaking, it is probably most important to pay off your necessary household expenses, such as rent or mortgage, utilities, and food, first. You need to pay your rent or mortgage to ensure you don't get evicted or have your property foreclosed upon. Think about the health and safety of your family when making these types of decisions.
	Many utilities, such as the telephone company, electric company, and gas company, have programs to lower your bill if you qualify. If you think you need assistance, contact your utility company."

Instructor Cue	Instructions
Loan Payment Decisions Pay off loans with the highest interest rates Talk to your creditor Consider debt consolidation Get professional advice Slide 11	 Show Slide 11 (Loan Payment Decisions). Explain: "If you can pay your monthly household expenses, but are having trouble paying all your loans, consider: Paying off the loan with the highest interest rate first to save on interest payments. Talking to your creditor. Your creditor may be willing to reduce your payments or change the terms to accommodate your situation. Some creditors might offer extensions, smaller payments over a longer period of time. Some creditors
	 might accept partial payments. Get a debt consolidation loan. Be cautious of this option. If loan fees and interest rates are too high, it may not be the best option for you. Get professions advice. Reputable credit counselors can help you deal with financial problems. Some organizations charge little or nothing for their services.
	Be cautious of companies that promise to fix your credit problems right away. Credit repair can be a long process that might take several years."
	Explain: "Credit reports, bankruptcies, and credit counseling are covered in the To Your Credit course."

Instructor Cue	Instructions
	Instructor Note: If asked, you can briefly explain bankruptcy.
	Bankruptcy is a legal proceeding that adjusts the debts of an individual that cannot meet their credit obligations.
	Although most debts are eliminated, certain back taxes, child support, alimony, maintenance, and student loans are not forgiven.
	With a bankruptcy on your credit report, you will pay higher rates and receive less favorable terms on loans in the future. Bankruptcy might make it difficult to get a mortgage, open a bank account, buy life insurance, or get a job. Creditors and employers can run a credit check to determine your history of past financial commitments.
	Bankruptcy is very serious and can stay on your credit record for 10 years. It should be used only as a last resort.
2-0-0-0-0	"Visit the Indiana Department of Financial Institutions' Web Site for additional information on Budgeting, Bankruptcy, Credit Counseling, and other Money Matters at: http://www.dfi.state.in.us/conscredit/end.htm ."

Course Summary

Instructor Cue	Instructions
£ 3	► Summarize the course: "Congratulations! You've completed the Money Matters course. We've covered a lot of information today about budgeting including:
	The benefits of budgeting
	 How to keep track of your income and expenses
	 How to use a budgeting tool, and
	 Other considerations to keep in mind when planning your budget.
	► You should now be able to prepare a personal budget."
	► Ask: "Are there any questions?"
	► Answer questions as time permits.
	➤ Transition: "To improve the course, we will need your feed back. The After-the – Course column on the What Do You Know form and Course Evaluation will identify changes that can make this course better."

End of Course Evaluation

Instructor Cue	Instructions
	Explain: "Please complete the After-the Course column and the Course Evaluation. These forms are the last two pages of your Take-Home Guide."
	 Allow time for participants to complete it. Collect the What Do You Know and Course Evaluation forms.
	"Visit the Indiana Department of Financial Institutions' Web Site for additional information on Budgets at: http://www.dfi.state.in.us/conscredit/end.htm#M."
£	► Conclusion: "Great job on completing the Money Matters course! Thank you for participating."